

PROFESSIONAL DISCLOSURE STATEMENT

Jessica Ferrante LPC, CGAC II, CADC II

Snapdragon Counseling Services, LLC

3800 SW Cedar Hills Blvd, suite 152-J, Beaverton, OR 97005

Phone: 503-389-3321, Email: info@SnapdragonCS.com

Philosophy and Approach:

My approach to counseling is centered around the belief that we often seek to manage various stressors in our life by engaging in activities and practices that allow us to disconnect and/or escape. Sometimes these practices become harmful over time when we discover that they are no longer helpful or that we are having a difficult time controlling how much of the activity we want to engage in. I believe that the counseling process needs to be collaborative so that we can work together to create meaningful and sustainable change in your life. I will utilize my knowledge and expertise in both addiction and mental health treatment to provide services that are the best fit for you based upon your self-expertise. In this space, I will always actively listen, accept you as you are without judgment, and seek understanding by utilizing all resources available to me. It is not an easy step to begin the counseling process, so I would like to thank you for starting this journey and assure you that I will be with you every step of the way.

Our work together will benefit significantly if we are able to be open and honest with each other and if we are able to communicate regularly. I ask that you be willing to work on your health and wellness goals both in and out of our therapy space. You can do this by participating fully in our sessions and practicing skills that you can use between sessions to build up your social support system, help you remain mindful of your change process, and more effectively cope with both daily and unexpected stresses. I encourage you to attend as many of our scheduled sessions as you can and I value any and all feedback that you are able to provide to me throughout our time together.

Formal Education and Training:

I hold a Master's Degree in Professional Mental Health Counseling with a specialization in addictions from Lewis & Clark's Graduate School of Education & Counseling. I have taken courses in Diversity and Social Justice, Models of Addiction, and Marriage and Family Counseling, to name a few. Additionally, I have obtained the following certifications from MHACBO: Certified Alcohol and Drug Counselor II and Certified Gambling Addictions Counselor II. I earned my Undergraduate degree in Psychology from Grand Valley State University.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license, I am required to participate in continuing education by taking classes and training courses that deal with subjects relevant to this profession.

Fees:

I charge \$150 for 60-minute individual and family sessions and \$175 for all 90-minute new client intake appointments. At this time, I do not accept insurance, but I can provide a superbill for you to submit to your insurance provider independently. I offer payment via income-based sliding scale upon request.

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Income-Based Sliding Scale (Offered Upon Request)

Annual Income	Payment for Individual Session (60-minute)	Payment for New Client Intake Session (90-minute)
\$70,000 and above	\$150	\$175
\$55,001 - \$70,000	\$125	\$150
\$42,001 - \$55,000	\$100	\$125
\$33,001 - \$42,000	\$75	\$100
\$25,001 - \$33,000	\$50	\$75
\$15,001 - \$25,000	\$25	\$50
\$0 - \$15,000	\$15	\$25

As a client of an Oregon licensee, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
 - To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
 - To report complaints to the Board;
 - To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the **Board of Licensed Professional Counselors and Therapists** at:

3218 Pringle Rd SE, #120, Salem, OR 97302-6312

Phone: (503) 378-5499

Email: lpct.board@oregon.gov

Website: www.oregon.gov/OBLPCT

For additional information about this counselor or therapist, consult the Board's website.